

24g
PROTEIN¹

**BETTER
PROTEIN.**

**BETTER
RESULTS.**

**SUPERIOR
GAINS.**



PREMIUM ISOLATE-ENHANCED PROTEIN

Proper nutrition around workouts is essential for muscle recovery and growth. Research shows that consuming high-quality protein before or after exercise enhances muscle repair and helps shift the body from a catabolic (muscle-wasting) state to an anabolic (muscle-building) state. Whey protein is widely recognized as the gold standard for pre- and post-workout protein because of its impressive Biological Value (BV) of 112 and Digestible Indispensable Amino Acid Score (DIAAS) score of 1.03. These values indicate that whey protein is absorbed more efficiently and utilized faster than other protein sources. Its complete amino acid profile, rich in naturally occurring Essential Amino Acids (EAAs) and Branched-Chain Amino Acids (BCAAs), supports muscle development and promotes muscle protein synthesis.

Smart Protein Technology: Regular whey protein is great—but ALLWHEY® GOLD is even better. It undergoes an advanced cross-flow microfiltration process that removes excess fat and lactose without compromising protein integrity. This ensures higher purity and faster absorption, helping strengthen muscles and improves recovery.

Less Carbs, Less Fat, More Protein Per Scoop: ALLWHEY® GOLD boasts an impressive 75% protein content! Each scoop delivers 24 g of pure whey protein, with only 4 g of carbs and just 130 calories per serving. This means you get all the benefits of high-quality whey protein without unnecessary carbs or fillers—maximizing muscle growth.



10
Packets
per Tray

3 DELICIOUS FLAVOURS



Chocolate



Chocolate
Peanut Butter



Vanilla

SUGGESTED USE: Blend, Mix or Shake 1 packet with 5-8oz (150-240ml) of cold water or low-fat milk, depending on desired taste and consistency, anytime you want a premium and satisfying high-protein beverage.

MODE D'EMPLOI: Mélangez, mélangez ou secouez 1 sachet avec 150 à 240 ml d'eau froide ou de lait écrémé, selon le goût et la consistance souhaités, à tout moment où vous souhaitez une boisson riche en protéines de qualité supérieure et satisfaisante.

Nutrition Facts Valeur nutritive

Per serving / par portion 32 g¹
Per container / par contenant 1

Calories 130

		% Daily Value *
Fat / Lipides	2 g	3 %
Saturated / saturés	1 g	5 %
+ Trans / trans	0 g	
Carbohydrate / Glucides	4 g	
Fibre / Fibres	1 g	4 %
Sugars / Sucres	1 g	1 %
Protein / Protéines	24 g	
Cholesterol / Cholestérol	65 mg	
Sodium	105 mg	5 %
Potassium	300 mg	9 %
Calcium	125 mg	10 %
Iron / Fer	1 mg	6 %

* 5% or less is a little, 15% or more is a lot
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

MEDICINAL INGREDIENTS: PURE WHEY PROTEIN BLEND (Cross-Flow Ultra-Filtered Whey Protein Concentrate, Cross-Flow Micro-Filtered Whey Protein Isolate).

INGRÉDIENTS MÉDICINAUX: MÉLANGE DE PROTÉINES DE LACTOSÉRUM PURES (Concentré de protéines de lactosérum ultrafiltré à flux croisé, Isolât de protéines de lactosérum microfiltré à flux croisé).

NON-MEDICINAL INGREDIENTS: Cocoa (processed with Alkali), Natural and Artificial Flavors, Soy Lecithin, Gum Blend (Cellulose Gum, Xanthan Gum), Sea Salt, Acesulfame Potassium, Sucralose.

INGRÉDIENTS NON MÉDICINAUX: Cacao (traité avec des alcalis), arômes naturels et artificiels, lécithine de soja, mélange de gomme (gomme de cellulose, gomme de xanthane), Sel marin, Acesulfame Potassium, Sucralose.



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SPORT

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